

CANNABIS AND HEMP association



Cannabis and Ancient Arabic Healing

SOURCES: Handbook of Cannabis Therapeutics by Ethan B. Russo

About Healing – Healing is an expectation of all therapeutic treatments, even when a specific treatment may not necessarily cure the ailment in mind. A cure happens at the biological level, whereas healing occurs in any and ALL levels of the MIND, BODY, and SOUL of the individual. As it relates to diseases healing refers to positive change in the IMPACT of a disease. Today medical science is starting to embrace healing plants as legitimate medicines for the first time in American history, opening the floodgates for natural medicine to take center stage in Western medicine.

There are only (3) major works that deal with historical therapeutic use of cannabis in Arabic ancient history and there are bits and pieces scattered throughout time.

According to Dr. Ethan Russo Arabic uses of cannabis were used as diuretic, antiemetic, antiepileptic, anti-inflammatory, and painkilling virtues among others. Russo recommends these sources being further investigated for future medical utility.

Temperament of Cannabis:

Cannabis has proven to be of versatile temperament, whether “hot, cold, wet, and/or dryness” cannabis is a versatile plant that can be administered as a medicine in a variety of ways. There has been dispute throughout the course of history as to the temperament of cannabis, some experts vehemently insisting cannabis as cold temperament, others insisting on hot temperament. It is clear efficacy lies on both ends of the spectrum.

Most common treatments of cannabis involved hemp seed oil, juice from the leaves, and green seeds:

- Juice from green seeds was used to treat ear aches.
- Mixing hemp seed oil with other plants helped create medicines to deal with inflammation.
- Hemp seeds and juice from the leaves were used to treat many skin disorders and even leprosy.
- Hair loss was also treated and the juice of leaves were applied to the roots of hair.
- That hemp seed oil should be used to purge the brain, honey, mixed with vinegar. Juice should be poured up the nostril.
- As a diuretic hemp seeds were used, it is believed the warming power of the plant caused this.
- The juice from the leaves can be used to treat gases in uterus, intestines, and stomach